

Nipissing Manor Activity Calendar October - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Morning Coffee –AR 10:00 Arts & Crafts: Thankful Tree–AR 10:15 Fly Swatter Tennis-AR 2:00 Afternoon Tea-AR 3:00	2. Morning Coffee –AR 9:45 Making Pumpkin Cheesecake-AR 10:00 Exercise Class-AR 10:15 Oktoberfest– MDR 2:15 Musical Memories– QR 6:45	3. Stretch and Flex-AR 9:45 Morning Coffee –AR 10:00 Trivia- AR 10:15 Salvation Army - MDR 2:15 Afternoon Tea & Timbit Social-MDR 3:00	4. Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Pumpkin Putt-MDR 2:15 Afternoon Tea—MDR 3:00
5. Stretch and Flex-AR 9:45 Morning Coffee - AR 10:00 Exercise Class-AR 10:15 Hymn Sing– MDR 2:15 Afternoon Tea-MDR 3:00	6. Morning Coffee - MDR 10:00 Singing BINGO with Heather - MDR  10:15 Volleyball - MDR 2 :15 Afternoon Tea- MDR 3:00 Reading Group– QR 6:45	7. Morning Coffee - MDR 10:00 Televised Catholic Mass - MDR 10:15 Hockey-MDR 2:15 Afternoon Tea-MDR 3:00	8. Morning Coffee - AR 10:00 Arts and Crafts-Paper Plate Turkey– AR 10:15 Manicures and Paraffin Hand Waxing - AR 1:30 Afternoon Tea-AR 2:00 Creative Colouring– QR 6:45	9. Morning Coffee - AR 9:45 Baking: Pumpkin Spice Muffins-AR 10:00 Exercise Class-AR 10:15 Fall Fashion Show-MDR  2:15 Afternoon Tea - AR 3:00	10. Stretch and Flex-AR 9:45 Morning Coffee-AR 10:00 Thanksgiving Word Games- AR 10:15 Friday Afternoon Social and Movie-MDR  2:15 Conversation Ball– QR 6:45	11. Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Thanksgiving Charades-AR 2:00 Afternoon Tea - AR 3:00
12. Stretch and Flex-AR 9:45 Morning Coffee - AR 10:00 Hymn Sing– AR 10:15 Thanksgiving Dice Game- AR 2:00 Afternoon Tea -AR 3:00 Hot Chocolate & Harmonies 6:45	13. Thanksgiving Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Turkey Balloon Races-MDR 2:15 Thanksgiving Tea Social-MDR 3:00   	14. Morning Coffee - MDR 10:00 Bilingual Catholic Mass - MDR 10:15 October Birthday Party & Music with Norm-MDR 2:15 Hot Apple Cider-MDR 3:00 Gospel Hall Hymn Sing - MDR 6:45	15. Morning Coffee - AR 10:00 Arts and Crafts-Pumpkin Window Catchers- AR  10:15 Cards and Games-AR 2:00 Pumpkin Spice Coffee– AR 3:00	16. Morning Coffee - AR 10:00 Exercise Class-AR 10:15 Southshore Missionary Church Service- MDR 2:15 French Vanilla Social-MDR 3:00 Manicures-2E & AR 6:45	17. Stretch and Flex-AR 9:45 Morning Coffee - AR 10:00 Word Games - AR  10:15 Friday Afternoon Social and Music -MDR 2:15	18. Morning Coffee - MDR 10:00 BINGO - MDR  10:15 Bean Bag Toss-AR 2:00 Afternoon Tea- AR 3:00 Musical Memories-QR 6:45
19. Stretch and Flex-AR 9:45 Morning Coffee - AR 10:00 Hymn Sing - AR 10:15 Manicures and Paraffin Hand Waxing - AR 1:30 Afternoon Tea - AR 2:00	20. Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Music with the North Bay Rock-Choir -MDR 2:15 Afternoon Tea-MDR 3:00 Reading Group-QR 6:45	21. Morning Coffee - MDR 10:00 Bilingual Catholic Mass - MDR 10:15 Residents Council Meeting - AR 1:30 Hockey-MDR 2:15 Afternoon Tea - MDR 3:00	22. Morning Coffee - AR 10:00 Arts and Crafts-Halloween Crafts—AR  10:15 Spooky Bowling - MDR 2:15 Afternoon Tea - MDR 3:00 Sensory Time- QR 6:45	23. Morning Coffee - AR 9:45 Baking Halloween Cookies - AR 10:00 Exercise Class -AR 10:15 Boo, Guess Who-AR 1:30 Candy Corn Toss-AR 2:00 Afternoon Tea –AR 3:00	24. Stretch and Flex-AR 9:45 Morning Coffee - AR 10:00 Word Games - AR 10:15 Friday Afternoon Social and Pumpkin Decorating -MDR  2:15 Movie Matinée-QR & AR 6:45	25. Morning Coffee - MDR 10:00 Zumba with Shelley Ortepi -MDR 10:15 BINGO - MDR 2:15 Afternoon Tea –MDR 3:00
26. Stretch and Flex-AR 9:45 Morning Coffee - AR 10:00 Hymn Sing- AR 10:15 Manicures and Paraffin Hand Waxing - AR 1:30 Afternoon Tea - AR 2:00 Caring Connections 1:1 6:45	27. Morning Coffee - MDR 10:00 BINGO - MDR  10:15 Hungry Pumpkins- AR 2:00 Afternoon Tea-AR 3:00 Halloween Dice Game– AR 6:45	28. Morning Coffee - MDR 10:00 Bilingual Catholic Mass - MDR 10:15 Name that Tune-AR  2:00 Afternoon Tea- AR 3:00 Conversation Ball-2E 6:45	29. Morning Coffee - AR 10:00 Arts & Crafts– Halloween Cent-terpieces -AR 10:15 Cards and Games-AR 2:00 Afternoon Tea - AR 3:00	30. Morning Coffee—AR 10:00 Exercise Class-AR 10:15 Pumpkin Pong-AR 2:00 Afternoon Tea - AR 3:00 Movie Matinée– QR & AR 6:45	31. BOO! HALLOWEEN  Morning Coffee—AR 10:00 Halloween Word Games- AR 10:15 Costume Party and Halloween Social-MDR 2:15 	Room Abbreviations AR = Activity Room MDR = Main Dining Room QR = Quiet Room 2E = 2nd floor East Lounge SDR = Retirement Home Dining Room